



Narrative Gerontology in Research and Practice

Kate De Medeiros PhD

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This book will no doubt support a growing number of us who see [narrative gerontology] as a field with much potential, within and outside of academia. -- Kathy D. Lohr, Ed.D., East Carolina University,
Educational Gerontology

What is meant by narrative? How can one elicit a narrative or analyze it in research? How can narrative work best be facilitated among older adults? This is the only text to provide comprehensive information about the applications of narrative approaches in community and long-term settings, writing in the virtual world, and such individual work as journaling or poetry. The book explores the theories of narratives across many disciplines, research practices and analytical strategies, and applications in work with older adults.

It has been written by a prominent researcher of the narrative construction of self in old age, whose studies have been funded by the NIH, the Brookdale Foundation, and the Alzheimer's Association, among other related achievements. The book brings together a unique blend of interdisciplinary perspectives and practices not found in other books on life stories, autobiography, and/or narrative approaches to understanding one's experiences. Specifically, it focuses on the myriad theoretical underpinnings of narrative, provides a developmental history of narrative use in gerontology, and details various ways to use narratives in a variety of research settings. Each chapter includes step-by-step guides on who to analyze and report on, and how to write up narrative data. It also discusses ways to incorporate narratives in varied practice settings such as writing workshops in retirement communities, individual writing projects, and others.

Key Features:

- Offers a "hands on" research tool that guides the reader from theory to research to practice
- Describes the theoretical underpinnings and practical applications of narrative with older adults
- Illustrates how narrative gerontology is fundamentally different in practice than narrative research with younger participants
- Addresses the breadth of available narrative methods and how to apply them in a research settings
- Designed for use in qualitative methods, service learning, and gerontological research courses.

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Matthew Simons:

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