



The Allergy-Free Cook Makes Pies and Desserts: Gluten-Free, Dairy-Free, Egg-Free, Soy-Free

Laurie Sadowski



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Laurie Sadowski cuts no corners with this impressive assortment of gluten-free goodies that do not skimp on flavor or texture. She has cracked the secret to making flaky pies, delicate tarts, gooey pudding cakes, luscious layered desserts, fruity cobblers and crisps, rich cheesecakes, and spectacular frozen delights free of most major allergens.

Using wholesome and delicious gluten-free grains and healthful natural ingredients, these decadent desserts are designed for people with gluten sensitivity and food allergies, but will satisfy even the most discriminating sweet tooth.

Precise, step-by-step instructions ensure that even novice bakers will turn out impressive creations. Deep-Dish Apple Crumb Pie, Sweet Cherry Cobbler, and Coconut Cream Cheesecake are a few of the mouthwatering sweets to be enjoyed. From the perfect pie crust to learning the differences between crumbles, crisps, cobblers, grunts, buckles, and pandowdies, Laurie provides a crash course in dessertology. Numerous tables, lists, and tips offer invaluable guidance in selecting safe ingredients, interpreting labels, and converting conventional recipes. Potential allergens in each recipe are clearly labeled to assist those with multiple sensitivities. And storage advice is provided for each type of dessert so leftover treats can be as thoroughly enjoyed as they were the day they were made.

This is the latest installment in The Allergy-Free Cook series. Check out The Allergy-Free Cook Bakes Bread and The Allergy-Free Cook Bakes Cakes and Cookies.



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