



# Extreme Times: Diary of an Eco-Buddhist

*Bird Thompson*

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# Extreme Times: Diary of an Eco-Buddhist

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## **Extreme Times: Diary of an Eco-Buddhist** Bird Thompson

Day to day, subjective life of a student of Tibetan Buddhism and climate change. Bird is also a songwriter and single man in search of love. From December 2010 until September 2011 he journals about his trip to Florida, cab driving in New Mexico and two trips to Colorado to see his spiritual teacher. The Buddhist teaching that all is impermanent is tied into the science of climate change and the necessity for compassion for all beings. The Tibetan Buddhist teaching that all is impermanent is tied into the science of climate change and the necessity for compassion for all beings.



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