



# Sexual Abuse/Sacred Wound: Transforming Deep Trauma

*Stephanie Mines*

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# Sexual Abuse/Sacred Wound: Transforming Deep Trauma

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## **Sexual Abuse/Sacred Wound: Transforming Deep Trauma** Stephanie Mines

This book provides understanding and practical guidance for those traumatized by sexual abuse, their families, friends and therapists. Stephanie Mines' approach can be applied with or without a therapist and involves healing through the therapeutic use of art-making in all its forms. A key to healing is treating trauma as a "sacred wound" on the the model of the shamans initiatic wounding.



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