



# Introducing Mental Health, Second Edition: A Practical Guide

*Caroline Kinsella, Connor Kinsella*

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# Introducing Mental Health, Second Edition: A Practical Guide

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**Introducing Mental Health, Second Edition: A Practical Guide** Caroline Kinsella, Connor Kinsella

This popular and accessible introduction to mental health is written for students, mental health practitioners and non-qualified professionals.

Fully revised, this second edition is up to date with the latest knowledge on mental health conditions, good practice and the law. The authors explain key concepts in easily understandable language, accessible even to those with no prior knowledge of the subject. They detail the major mental health disorders, the issues surrounding them, and provide detailed information on:

- \* treatment and support
- \* risk assessment and management
- \* mental illness and the Criminal Justice System
- \* the Mental Health Act and the Mental Capacity Act

Featuring case studies and exercises to assist learning, this is an invaluable resource for anyone working with people who are experiencing mental illness, including students and professionals in health and social care, housing and criminal justice.

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