



Voluntary Simplicity Second: Toward a Way of Life That Is Outwardly Simple, Inwardly Rich

Duane Elgin

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“A manifesto for the only kind of future that promises sanity and the possibility of contentment. Bread and wine for the spirit.” —Sam Keen, author of *Fire in the Belly* <?xml:namespace prefix = o ns = "urn:schemas-microsoft-com:office:office" />

Originally published in 1981 and hailed as the “bible” of the simplicity movement by *The Wall Street Journal*, Duane Elgin’s classic *Voluntary Simplicity* has been completely revised for our modern times. <?xml:namespace prefix = st1 ns = "urn:schemas-microsoft-com:office:smrttags" />Elgin, who was honored in 2009 by *The Ecologist*, the U.K.’s leading environmental magazine, as one of ten important “visionaries,” offers a path “Toward a Way of Life That is Outwardly Simple, Inwardly Rich.” *Voluntary Simplicity* has already changed the lives of thousands of people. This new edition will profoundly influence countless more with its powerful, timely message of balance, frugality, and ecological awareness.



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