



Permission to Doubt: One Woman's Journey into a Thinking Faith

Ann C. Sullivan



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Ann C. Sullivan has challenged and encouraged thousands of women as an international speaker. In her new book, Ann offers a candid look at the moment her faith and reason collided. Blindsided by doubts, following a thirteen-year struggle with an undiagnosed panic disorder, Ann learned several valuable lessons. Never shy away from the big questions. Always follow the evidence to its logical conclusion. And genuine truth doesn't buckle under the bright lights of interrogation.

Permission to Doubt identifies three types of doubt -- spiritual, emotional, and intellectual -- and develops unique strategies to recognize and understand each. It also details practical step-by-step solutions in which faith can be reinforced in the midst of our struggle.

It's a candid look at what faith is--where it comes from, how it's threatened, and how it can be strengthened. Using personal examples and an intensely practical approach, *Permission to Doubt* informs, challenges and encourages those who'd like to take their faith a little deeper.



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