



Herbs, Herbs and more Herbs: A handbook on everything you need to know to use herbs effectively (How to dry herbs at home - How to dry foods 2)

Ravinder Singh

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HERBS HERBS AND MORE HERBS

After the success of how to dry herbs I am back with book named herbs, herbs and more herbs. Herbs are available all around us but most of us are not aware of their uses. Few herbs are difficult to use in our everyday lives, while a few go in as seasonings in our everyday cooking. Herbs offer a wide range of uses. From seasonings to medicines, their utility is very diverse. Few herbs will help you enhance your beauty, while a few others will help you enhance the beauty and fragrance of your home. Whatever the case is, Herbs are useful in many more ways than we give them credit for.

There is one obvious drawback to herbs too; most of the herbs cannot be harvested all around the year. So, preservation of herbs is a very important topic. There are various techniques for us to preserve herbs, and most of these techniques are easy to achieve at home. Herbs offer you a high concentration of nutrients in small quantities, making them perfect doses of vital nutrients. You will learn about

- Different types of herbal gardening
- Various kinds of herbal gardens that you can make at home
- Herbs preserving methods other than drying
- Medical uses of herbs
- Herbs for beauty
- Learn to create to create some really good seasonings with the help of a few dried herbs and spices

You will find the amazing uses for herbs in this book.



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Timothy Roesch:

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Bobbie Burke:

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Jeffrey Channell:

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