



Solutions To Common Health Problems: Discover Sexual Natural Foods that Enhance your performance: 51 Worst Diseases and Conditions to Treat with Black ... Will Help You Prevent Heart Disease and so on

Olusola Babatunde Coker

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Solutions To Common Health Problems Discover 10 Sexual Natural Foods that Enhance your performance: 51 Worst Diseases and Conditions to Treat with Black Seed Oil 9 Foods That Will Help You Prevent Heart Disease How to reduce blood pressure naturally without medication 13 ways to control your blood pressure without medication Controlling blood pressure with nutrients, herbs and supplement Discover 10 Sexual Natural Foods that Enhance your performance: Improve your sexual health without Harmful side effects or outstrageous costs 51 Worst Diseases and Conditions to Treat with Black Seed Oil Nigella sativa or black seed is a miracle cure which can cure any disease. It is a well-known tradition of the Ancient people that this seed is a cure for any disease except death. Since then, this miracle plant has drawn the attention of millions of people around the world. Not only has it been used by millions and millions of people to successfully cure chronic and acute conditions, it has recently also drawn the attention of scientific research. Many studies, both in the East and the West, have been conducted to investigate the positive effects of the herb on diseases. There have been studies which support the anecdotal evidence of patients who have cured their conditions with the seed. Yet, there is still a need to further investigate the possible clinical use of the miracle herb in treating the most complicated conditions. As mentioned earlier, there is not limit to the list of diseases it can be used for the treatment of several ailments. For every disease, God sent a cure. The following list contains only some of the very common conditions that black seed can be effectively used for. All the remedies shown for each condition is based on the best possible combination or based on the practical use related by people in various sources.

1. Baldness and Hair Loss Loss of hair could be either due to age or some other underlying conditions. People have reported to have improved the growth of hair using black seed oil. Just pour some oil in your palm and rub both hands against each other. Massage then to the scalp, especially the bald areas.
2. Beard Growth If you have a thin beard and wants to make it thick, black seed is the solution. Just take some and massage in to the beard. Make sure it reaches the roots.
3. Bee and Wasp Stings When I was a child, I used to “to make the wasps and bees angry” by inserting thins sticks in the wall holes.lol, naughty, any? I used to get stung and when it was on the face, I would not get out three days and stay at home. The reason that my face would be so swollen that I would become a good laughing stock for my friends. I did not know at the time the miracle of black seed Boil the seeds in water and apply to the stings.
4. Cancer and Tumors Crush fresh cloves of garlic and mix with honey and black seed or its oil. Take a teaspoon three times a day.
5. Cardiovascular Mix half a teaspoon of the oil with warm water and drink before breakfast.
6. Radiant Skin and Face Mix the oil with some olive oil and honey. Apply to face or skin and leave for 15 minutes. Wash with warm water. It makes the skin glow.

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