



Coaching Volleyball: Insights And Strategies (Best of Coaching Volleyball)

Kinda S. Lenberg

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Volume 4 of the "Best of Coaching Volleyball" series covers some of the finer points and intangibles that are so important to winning programs. Sections include The Art of Communication, Coaching Philosophy and Ethics, and Statistics and Strategies. This outstanding volume of articles includes 24 contributions from volleyball coaches, strength and conditioning specialists, and other sports professionals.



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