



# Vegetarian Slow Cooker Cookbook: Easy, Healthy, and Tasty every day recipes for Busy Vegetarians

*Andy Redd*



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## **Vegetarian Slow Cooker Cookbook: Easy, Healthy, and Tasty every day recipes for Busy Vegetarians**

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Are you a busy vegetarian looking for some quick, easy and tasty recipes?

Do you feel as if cooking takes up too much time?

This book is written to convinced vegetarians that seek an alternative way of cooking due to the lack of time. There are a lot of references on the internet about slow-cooker recipes or crockpot, as it is being nicknamed, but some people don't have the patience of browsing through blogs or dedicated sites.

The main advantage of a slow cooker is that you insert the ingredients and let it do its thing, without the need of continuous stirring and watching over the saucepan. Besides that, the slow cooker has a reputation of conserving the taste and moisture of vegetables, even if forgotten there.

I hope you will enjoy reading this book as much as I enjoyed writing it, but at the same time I am disappointed that I can't be next to you and share the fun of slow-cooking.

## **What you'll learn inside:**

- Some fantastic vegetarian recipes
- How to be a healthier vegetarian
- How to spend half the time cooking
- And Much, much more!

So what are you waiting for?

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