



# **Natural Remedies: Guide for Beginners - Natural Treatments & Herbal Recipes for Healing Yourself without Prescriptions & Achieving Fabulous, Skin & Body ... treatments, clear skin, natural home remedy)**

*Elizabeth Parker*



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## **Harness The Healing Powers of Nature, Today!**

You're about to discover how to...

Create your own treatments for different ailments such as fevers and coughs using all natural ingredients that you can get straight from your pantry or even grow in your garden. But that's not all! You'll also learn how to make beautifying products which are not only safe for any skin type but are also environmentally friendly.

This guide will provide you with a clear and easy to understand introduction to natural treatments. After learning to identify the best natural ingredients you will find that most treatments are also really easy to find, many you may already have in your cupboard.

For those who are sick of suffering from common ailments, this guide will provide you with simple recipes that will provide natural aid to the healing process. Not only are the recipes easy to make in your own home but they also come without the nasty side effects, or costs, of commercial medicines.

This book will also help you save money on beauty products by helping you avoid chemicals harmful to the skin and the high price tag of the mass produced organic treatments. For beauty and health, this guide to natural treatments will allow you to obtain the benefits of healthy living without the price tag.

## **Here Is A Preview Of What You'll Learn...**

All Natural Health and Skin Care Recipes for Kids

**Download your copy today!**

Start saving money on medicines and beauty products right now!

Tags: Natural Remedies, Herbal Remedies, Homemade Beauty, Natural Beauty, Natural Herbal Remedies, Healing Herbs, Apple Cider Vinegar, Coconut Oil, Honey, Lemon, Cane Vinegar, Cinnamon and Honey, Honey and Lemon, Honey and Nutmeg, Alternative Medicine, Health, Organic Beauty, Natural Cures, Home

Remedies, Essential Oils, Healing, Curing, Health & Fitness, Natural Products, Natural Ingredients, Vinegar, Disinfectant, Weight Loss, How to Lose Weight, Prevent Illnesses, Natural Hair, Remedies for stress, remedies for anxiety, stress, anxiety, colds, fevers, sick, prevent everyday sickness, medicine, herbal medicine, illnesses, everyday illnesses, natural products

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