



Baby Bumps: From Party Girl to Proud Mama, and all the Messy Milestones Along the Way

Nicole Polizzi



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The greatest thing Nicole Polizzi, aka “Snooki,” ever did was by accident. But her son, Lorenzo, was never a mistake. When she and her boyfriend, Jionni, found out she was knocked up, they weren’t married or engaged. She was only twenty-four and living with her parents—and she had zero baby experience. With a reckless, party girl TV persona to deal with, she had a lot to learn and discover in becoming a mother. In this funny and frank book, Nicole shares her experiences, everything from the first sonogram to the nipple-cracking shock of breastfeeding. In each chapter, she tells the unvarnished truth about pregnancy symptoms (“The High Price of Gas”), the ridiculousness of her baby registry (“Butt Paste and Boogie Wipes”) and the lowdown on postpartum life (“Shit Happens”). There’s a ton of useful information, including a list of must-have baby products, MILF style tips, how to keep “I’m a whale” preggers bad body image in check, and how she got into the best shape of her life within six months of giving birth. Although Nicole had to give up partying, she’s embracing motherhood the only way she knows how: with a fun-loving attitude—and lots of leopard print!



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