



Save Your Marriage: Simple Steps to Bring You Together Again

Dr. James L Mayfield

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Marriage can be and is often taken for granted. The incidence of divorce is increasing. Good marriages are not only fulfilling to the participants, but also provide a nurturing environment for children. This book, *Save Your Marriage*, was written by Dr. Mayfield from the conviction that marriages need to be developed and strengthened, and that there are practical ways to do this. Beginning with a functioning marriage Dr. Mayfield gives a series of guidelines and exercises which will facilitate communication between those who have made a commitment to each other in marriage. Attention is given to the unique gifts which each one brings to the new identity called marriage that is being established. Significant areas of concern in the relationship are explored.

This book can be a maintenance and development manual for strengthening marriages for those couples who use it. Whether you are considering getting married, have been married for one, five, fifteen, or forty years, *Save Your Marriage* will provide you with some new ideas, and reinforce some old ones to help you build a lasting and satisfying life together. In this book, you will be exploring together what it means to form a partnership made up of two individuals. You will also examine the rewarding experience of setting meaningful goals. In addition, you will work on improving your ability to communicate effectively with one another. Some men or areas of your marriage, those of sexual fulfillment and family financial management, will also be examined. And finally, the road ahead and your walk together down that road will bring you to the beginning of new worlds in your marriage adventure. *Save Your Marriage* will serve as a commencement for the two of you. Its conclusion will be your beginning.

Over 50,000 copies of this book were sold under the title "Up With Marriage." This work is timeless and Dr. Mayfield will lead you down a path of full spousal communication and intimacy. They kind you shared when you first met. Why divorce when you know you still truly love one another?

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