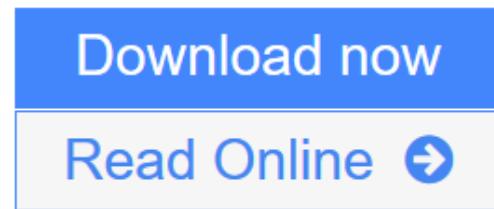




Heart Master Triple Heater (Chinese Medicine from the Classics)

Claude Larre, Elisabeth Rochat de la Vallee



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Transcribed and edited from a seminar given in London in 1986 by the authors. It presents a close study of the paired zangfu of the heart master and triple heater. Detailed classical references and the teachers' usual blend of illuminating humor. The complexity and subtlety of these two energetic systems has rarely been explained and elucidated so well.



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