



The Basketball Handbook

Lee H. Rose

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Learn the essentials of winning basketball from a coach who did it at the high school, college, and professional levels. *The Basketball Handbook* presents a proven player- and team-development game plan founded on the five principles of success.

Coach Lee Rose teaches the essential techniques and tactics, with drills and tips on executing them when the game's on the line. His performance rating system is a superb evaluation tool, effective in identifying players' strengths and shoring up weaknesses in all facets. Rose's 45 years of maximizing player and team potential shine through as he emphasizes key skills and shares the savvy for advancing through each competitive level of the game.

The Basketball Handbook will help you master each fundamental, then add new dimensions to individual and team performance on the offensive and defensive ends of the court as well as in special situations. Use it in-season and during the off-season for greater success on the court.

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