



# **The Best Way to Reverse Diabetes: 9 Misconceptions Debunked (Secrets to Preventing High-Priced Problems)**

*Sarah James*

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This book has actionable information on how best to fight diabetes.

With an estimated 29.1 million diabetics in the US alone, diabetes is the US' number seven killer, according to a 2010 study. This study also noted that 69,071 death certificates listed diabetes as an underlying cause of death while 234,051 death certificates mentioned diabetes as the cause of death. That's not all; only about 35 to 40 percent of those who died of diabetes actually have it listed on their death certificates, while 10 to 15 percent have diabetes listed as the underlying cause of death. This means that diabetes is a lot more common as a cause or underlying cause of death.

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