



Mastering the Power of Life

Christian Michael Steele MD

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There is a big difference between living life consciously and believing in the impressions of a world that bombards us on a daily basis. The world of the masses projects on to us what it wants us to believe. Having a consciousness that develops insight rather than accepting the projections of an enslaving world requires some effort. This book describes in detail how to accomplish this. By understanding the Ascension process you begin to see life differently. Life has always been showing us its lessons but most of these lessons go unrecognized. Understanding even a few spiritual laws can set one on a path to freedom quickly. Developing a consciousness that knows will help you see life lessons rather than being tripped up by the projections of the outer world. Humanity in general is coming out of a survival mode. Developing a different mindset is achieved more easily and quickly than ever before. Understanding the true nature of our being allows us to see the mistakes that we have accepted from our past. Misinterpreting our past events creates and reinforces old belief systems. Our beings often become encompassed with layer upon layer of these beliefs which act like filters interpreting our surroundings for us. It is like seeing the world through many colored sunglasses. They also isolate us from the world by not allowing our true consciousness within to come in direct contact with our surroundings. Many beliefs become even more confining as they squeeze the life out of us. Removing these layers is a discovery process as we find and free ourselves within. There is a little bit of reverse engineering involved as we release these restricting layers and restore our own perfection. For far too long have we believed in our experiences when in reality we have been experiencing our beliefs. As difficult as situations may seem at times, your freedom comes not from escaping this world but by outgrowing it. Perspectives change continuously, even day-to-day and moment to moment. An issue can seem overwhelming when you are young and then insignificant later on in life after you have learned. The issue did not change but your perspective did. As you grow in consciousness the issues are proportionally smaller. Your past is always coming up until you learn from it and resolve it. Eventually being in the moment will be much easier when you are not full of your misunderstandings from the past. Many waste a great deal of time dancing around these issues until they find the truth they are seeking.

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